

February Half Term Timetables



Monday 16th to
Friday 20th February



Monday



Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
8am - 9.30am	Early Drop Off - Free Play	Half Day* - Morning
9.30am - 9.40am	Registration, Rules and Introduction	
9.40am - 10.15am	Warm Up Games	
10.15am - 10.30am	15 minute break	
10.30am - 11.15pm	Dodgeball	
11.15pm - 12pm	Volleyball	
12pm - 1pm	Lunch time and Free Play	
1pm - 1.45pm	Rounders	
1.45pm - 2pm	15 minute break	
2pm - 2.45pm	Frisbee	
2.45pm - 3.15pm	Football	Half Day* - Afternoon
3.15pm - 3.45pm	Netball	
3.45pm - 4pm	Presentation	
4pm - 5pm	Group Choice	
	Group Choice	

*Four-year-olds may only attend for four hours

Tuesday



Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
8am - 9.30am	Early Drop Off - Free Play	
9.30am - 9.40am		Registration, Rules and Introduction
9.40am - 10.15am		Warm Up Games
10.15am - 10.30am		15 minute break
10.30am - 11.15pm		Inflatable
11.15pm - 12pm		Frisbee
12pm - 1pm		Lunch time and Free Play
1pm - 1.45pm		Benchball
1.45pm - 2pm		15 minute break
2pm - 2.45pm		Rugby
2.45pm - 3.15pm		Golden Balls
3.15pm - 3.45pm		Group Choice
3.45pm - 4pm	Presentation	
4pm - 5pm	Group Choice	

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Wednesday



Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
8am - 9.30am	Early Drop Off - Free Play	Half Day* - Morning
9.30am - 9.40am	Registration, Rules and Introduction	
9.40am - 10.15am	Warm Up Games	
10.15am - 10.30am	15 minute break	
10.30am - 11.15pm	Football	
11.15pm - 12pm	Inflatable	
12pm - 1pm	Lunch time and Free Play	
1pm - 1.45pm	Handball	
1.45pm - 2pm	15 minute break	
2pm - 2.45pm	Capture the Flag	
2.45pm - 3.15pm	Tri-Golf	Half Day* - Afternoon
3.15pm - 3.45pm	Dodgeball	
3.45pm - 4pm	Presentation	
4pm - 5pm	Group Choice	
	Group Choice	

*Four-year-olds may only attend for four hours

Thursday



Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
8am - 9.30am	Early Drop Off - Free Play	Half Day* - Morning
9.30am - 9.40am	Registration, Rules and Introduction	
9.40am - 10.15am	Warm Up Games	
10.15am - 10.30am	15 minute break	
10.30am - 11.15pm	Cricket	
11.15pm - 12pm	Hoop Ball	
12pm - 1pm	Lunch time and Free Play	
1pm - 1.45pm	Basketball	
1.45pm - 2pm	15 minute break	
2pm - 2.45pm	Inflatable	
2.45pm - 3.15pm	Nerf Showdown	Half Day* - Afternoon
3.15pm - 3.45pm	Group Choice	
3.45pm - 4pm	Presentation	
4pm - 5pm	Group Choice	
	Group Choice	

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Friday

Theme
Day



Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
8am - 9.30am	Early Drop Off - Free Play	
9.30am - 9.40am		Registration, Rules and Introduction
9.40am - 10.15am		Warm Up Games
10.15am - 10.30am		15 minute break
10.30am - 11.15pm		Sepak Takraw
11.15pm - 12pm		Danish Longball
12pm - 1pm		Lunch time and Free Play
1pm - 1.45pm		Baseball
1.45pm - 2pm		15 minute break
2pm - 2.45pm		Tchoukball
2.45pm - 3.15pm		Korfball
3.15pm - 3.45pm		Group Choice
3.45pm - 4pm		Presentation
4pm - 5pm		Group Choice

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