

February Half Term Timetables



Monday 16th to
Friday 20th February



Monday



Multi Sports Academy Schedule

Half Day* - Morning	Session	5-7 year olds	8+ year olds
	8am - 9.30am	Early Drop Off – Free Play	
	9.30am - 9.40am	Registration, Rules and Introduction	
	9.40am - 10.15am	Warm Up Games	Warm Up Games
	10.15am - 10.30am	15 minute break	
	10.30am - 11.15pm	Dodgeball	Dodgeball
	11.15pm -12pm	Volleyball	Volleyball
	12pm - 1pm	Lunch time and Free Play	
	1pm - 1.45pm	Rounders	Rounders
	1.45pm - 2pm	15 minute break	
	2pm - 2.45pm	Frisbee	Frisbee
	2.45pm - 3.15pm	Football	Football
	3.15pm - 3.45pm	Netball	Netball
	3.45pm - 4pm	Presentation	
	4pm - 5pm	Group Choice	Group Choice

*Four-year-olds may only attend for four hours

Tuesday



Multi Sports Academy Schedule

Half Day* - Morning

Half Day* - Afternoon

Session	5-7 year olds	8+ year olds
8am - 9.30am	Early Drop Off - Free Play	
9.30am - 9.40am	Registration, Rules and Introduction	
9.40am - 10.15am	Warm Up Games	Warm Up Games
10.15am - 10.30am	15 minute break	
10.30am - 11.15pm	Inflatable	Inflatable
11.15pm -12pm	Frisbee	Frisbee
12pm - 1pm	Lunch time and Free Play	
1pm - 1.45pm	Benchball	Benchball
1.45pm - 2pm	15 minute break	
2pm - 2.45pm	Rugby	Rugby
2.45pm - 3.15pm	Golden Balls	Golden Balls
3.15pm - 3.45pm	Group Choice	Group Choice
3.45pm - 4pm	Presentation	
4pm - 5pm	Group Choice	Group Choice

*Four-year-olds may only attend for four hours

Wednesday



Multi Sports Academy Schedule

Half Day* - Morning

Half Day* - Afternoon

Session	5-7 year olds	8+ year olds
8am - 9.30am	Early Drop Off - Free Play	
9.30am - 9.40am	Registration, Rules and Introduction	
9.40am - 10.15am	Warm Up Games	Warm Up Games
10.15am - 10.30am	15 minute break	
10.30am - 11.15pm	Football	Football
11.15pm -12pm	Inflatable	Inflatable
12pm - 1pm	Lunch time and Free Play	
1pm - 1.45pm	Handball	Handball
1.45pm - 2pm	15 minute break	
2pm - 2.45pm	Capture the Flag	Capture the Flag
2.45pm - 3.15pm	Tri-Golf	Tri-Golf
3.15pm - 3.45pm	Dodgeball	Dodgeball
3.45pm - 4pm	Presentation	
4pm - 5pm	Group Choice	Group Choice

*Four-year-olds may only attend for four hours

Thursday



Multi Sports Academy Schedule

	Session	5-7 year olds	8+ year olds
Half Day* - Morning	8am - 9.30am	Early Drop Off - Free Play	
	9.30am - 9.40am	Registration, Rules and Introduction	
	9.40am - 10.15am	Warm Up Games	Warm Up Games
	10.15am - 10.30am	15 minute break	
	10.30am - 11.15pm	Cricket	Cricket
	11.15pm -12pm	Hoop Ball	Hoop Ball
	12pm - 1pm	Lunch time and Free Play	
Half Day* - Afternoon	1pm - 1.45pm	Basketball	Basketball
	1.45pm - 2pm	15 minute break	
	2pm - 2.45pm	Inflatable	Inflatable
	2.45pm - 3.15pm	Nerf Showdown	Nerf Showdown
	3.15pm - 3.45pm	Group Choice	Group Choice
	3.45pm - 4pm	Presentation	
	4pm - 5pm	Group Choice	Group Choice

*Four-year-olds may only attend for four hours

Friday

Theme
Day



Multi Sports Academy Schedule

Half Day* - Morning

Half Day* - Afternoon

Session	5-7 year olds	8+ year olds
8am - 9.30am	Early Drop Off - Free Play	
9.30am - 9.40am	Registration, Rules and Introduction	
9.40am - 10.15am	Warm Up Games	Warm Up Games
10.15am - 10.30am	15 minute break	
10.30am - 11.15pm	Sepak Takraw	Sepak Takraw
11.15pm -12pm	Danish Longball	Danish Longball
12pm - 1pm	Lunch time and Free Play	
1pm - 1.45pm	Baseball	Baseball
1.45pm - 2pm	15 minute break	
2pm - 2.45pm	Tchoukball	Tchoukball
2.45pm - 3.15pm	Korfball	Korfball
3.15pm - 3.45pm	Group Choice	Group Choice
3.45pm - 4pm	Presentation	
4pm - 5pm	Group Choice	Group Choice

*Four-year-olds may only attend for four hours