

October Half Term Timetables



Bromsgrove

26th - 30th October



Monday



Multi Sports Academy

Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
8am - 9.30am	Early Drop Off - Free Play	
9.30am - 9.40am	Registration, Rules and Introduction	
9.40am - 10.15am	Warm-up games	Warm-up games
10.15am - 10.30am	15 minute break	
10.30am - 11.15pm	Basketball	Basketball
11.15pm -12pm	Volleyball	Volleyball
12pm - 1pm	Lunch time and Free Play	
1pm - 1.45pm	Golden Balls	Golden Balls
1.45pm - 2pm	15 minute break	
2pm - 2.45pm	Ultimate frisbee	Ultimate frisbee
2.45pm - 3.15pm	Handball	Handball
3.15pm - 3.45pm	Handball	Handball
3.45pm - 4pm	Presentation	
4pm - 6pm	Group choice	Group choice

*Four-year-olds may only attend for four hours

Tuesday



Multi Sports Academy Schedule

Half Day* - Morning

Half Day* - Afternoon

Session	5-7 year olds	8+ year olds
8am - 9.30am	Early Drop Off - Free Play	
9.30am - 9.40am	Registration, Rules and Introduction	
9.40am - 10.15am	Warm-up games	Warm-up games
10.15am - 10.30am	15 minute break	
10.30am - 11.15pm	Benchball	Benchball
11.15pm -12pm	Tennis	Tennis
12pm - 1pm	Lunch time and Free Play	
1pm - 1.45pm	Nerf battle	Nerf battle
1.45pm - 2pm	15 minute break	
2pm - 2.45pm	Danish Longball	Danish Longball
2.45pm - 3.15pm	Football	Football
3.15pm - 3.45pm	Football	Football
3.45pm - 4pm	Presentation	
4pm - 6pm	Group choice	Group choice

*Four-year-olds may only attend for four hours

Wednesday



Multi Sports
Academy

Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
8am - 9.30am	Early Drop Off - Free Play	
9.30am - 9.40am	Registration, Rules and Introduction	
9.40am - 10.15am	Warm-up games	Warm-up games
10.15am - 10.30am	15 minute break	
10.30am - 11.15pm	Dodgeball	Dodgeball
11.15pm -12pm	Football	Football
12pm - 1pm	Lunch time and Free Play	
1pm - 1.45pm	Athletics	Athletics
1.45pm - 2pm	15 minute break	
2pm - 2.45pm	Cricket	Cricket
2.45pm - 3.15pm	Netball	Netball
3.15pm - 3.45pm	Netball	Netball
3.45pm - 4pm	Presentation	
4pm - 6pm	Group choice	Group choice

*Four-year-olds may only attend for four hours

Thursday



Multi Sports Academy Schedule

Half Day* - Morning

Half Day* - Afternoon

Session	5-7 year olds	8+ year olds
8am - 9.30am	Early Drop Off - Free Play	
9.30am - 9.40am	Registration, Rules and Introduction	
9.40am - 10.15am	Warm-up games	Warm-up games
10.15am - 10.30am	15 minute break	
10.30am - 11.15pm	Nerf battle	Nerf battle
11.15pm -12pm	Rounders	Rounders
12pm - 1pm	Lunch time and Free Play	
1pm - 1.45pm	Hoopball	Hoopball
1.45pm - 2pm	15 minute break	
2pm - 2.45pm	Capture the flag	Capture the flag
2.45pm - 3.15pm	Dodgeball	Dodgeball
3.15pm - 3.45pm	Dodgeball	Dodgeball
3.45pm - 4pm	Presentation	
4pm - 6pm	Group choice	Group choice

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Friday

Freaky Friday

theme day



Multi Sports Academy

Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
8am - 9.30am	Early Drop Off - Free Play	
9.30am - 9.40am	Registration, Rules and Introduction	
9.40am - 10.15am	Warm-up games	Warm-up games
10.15am - 10.30am	15 minute break	
10.30am - 11.15pm	Halloween themed activities	Halloween themed activities
11.15pm -12pm	Halloween themed activities	Halloween themed activities
12pm - 1pm	Lunch time and Free Play	
1pm - 1.45pm	Halloween themed activities	Halloween themed activities
1.45pm - 2pm	15 minute break	
2pm - 2.45pm	Halloween themed activities	Halloween themed activities
2.45pm - 3.15pm	Halloween themed activities	Halloween themed activities
3.15pm - 3.45pm	Halloween themed activities	Halloween themed activities
3.45pm - 4pm	Presentation	
4pm - 6pm	Group choice	Group choice

*Four-year-olds may only attend for four hours