

Care Activator Coach Apprenticeship

Fact Sheet

Apprenticeship Standard	Level 2 Care Activator Coach Apprenticeship Standard
Duration of training	15 months (including 2 months for End-Point Assessment)
Apprenticeship overview	<p>The Care Activator Coach apprentice plays a vital role in improving health, wellbeing and quality of life for older adults and those with complex needs.</p> <p>They deliver safe, meaningful and inclusive physical and wellbeing activities designed to promote independence, mobility and confidence.</p> <p>Care Activator Coaches work in residential, nursing and community care environments and contribute directly to CQC Quality Statements on Wellbeing, Person-Centred Care, and Staff Competence.</p> <p>They also align to the Skills for Care Core Skills Framework and the Dementia Training Standards Framework, using physical activity as a therapeutic tool for improved outcomes.</p>
Nature of job role relevant to Knowledge, Skills and Behaviours of the apprenticeship	<p>Roles and responsibilities for this apprenticeship may include:</p> <ul style="list-style-type: none"> • Planning and leading inclusive, low-impact wellbeing or movement sessions for residents or service users. • Using behaviour management and communication strategies to support individuals living with dementia or cognitive impairment. • Collaborating with families, colleagues and external partners to enhance activity provision. • Embedding safe practice and risk management across care-based activity. • Promoting equality, inclusion and dignity through daily engagement. • Using digital systems and data to record progress and outcomes. • Reflecting on personal and professional development to continually improve the quality of care.
Suggested projects/activities (to generate high quality evidence for EPA)	<ul style="list-style-type: none"> • Developing an activity plan to increase resident participation and wellbeing. • Creating an inclusive movement session adapted for mobility or cognitive needs. • Introducing a new wellbeing initiative linked to falls prevention or confidence building. • Evaluating resident outcomes from participation and presenting findings to senior staff. • Coordinating a partnership activity (e.g., local school, community group or visiting volunteers).
Qualifications, certificates and training delivered	<ul style="list-style-type: none"> • Level 2 Care Activator Coach Apprenticeship Standard • Skills Festival Days and added-value CPD such as: <ul style="list-style-type: none"> • Dementia Awareness and Communication • Falls Prevention and Safe Movement • Inclusive Practice and Behaviour Management • Promoting Wellbeing Through Activity • Digital Skills in Health and Care • Personal Development and Employability Skills
End Point Assessment (EPA)	<p>Candidates will demonstrate occupational competence through a structured End-Point Assessment conducted by an independent organisation.</p> <p>This will take approximately 2 months (maximum 6 months) and includes::</p> <ul style="list-style-type: none"> • Practical Observation with Questioning – delivery of a wellbeing or activity session. • Professional Discussion underpinned by a portfolio of evidence. <p>Each component is equally weighted and contributes to the overall grade – Fail, Pass, Distinction.</p>

Professional recognition

Completion of this apprenticeship supports alignment with:

- Skills for Care occupational standards.
- Care Certificate Standards (cross-mapped).
- Potential progression to Level 3 Adult Care Worker or Level 3 Community Sport and Health Officer.

Training model

This apprenticeship training programme includes a structured timetable of provision incorporating:

- Group tutor sessions and live online masterclasses.
- Regional Skills Festival days (half-termly).
- Digital learning and resources through Aspire:Ed.
- 1:1 Skills Coach progress reviews every 10 weeks.
- Individualised support sessions as required.
- Work-based observation and applied learning tasks.



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