

Care Activator Coach Apprenticeship

Fact Sheet

Apprenticeship Standard	Level 2 Care Activator Coach Apprenticeship Standard
Duration of training	15 months (including 2 months for End-Point Assessment)
Apprenticeship overview	<p>The Care Activator Coach apprentice plays a vital role in improving health, wellbeing and quality of life for older adults and those with complex needs.</p> <p>They deliver safe, meaningful and inclusive physical and wellbeing activities designed to promote independence, mobility and confidence.</p> <p>Care Activator Coaches work in residential, nursing and community care environments and contribute directly to CQC Quality Statements on Wellbeing, Person-Centred Care, and Staff Competence.</p> <p>They also align to the Skills for Care Core Skills Framework and the Dementia Training Standards Framework, using physical activity as a therapeutic tool for improved outcomes.</p>
Nature of job role relevant to Knowledge, Skills and Behaviours of the apprenticeship	<p>Roles and responsibilities for this apprenticeship may include:</p> <ul style="list-style-type: none"> Planning and leading inclusive, low-impact wellbeing or movement sessions for residents or service users. Using behaviour management and communication strategies to support individuals living with dementia or cognitive impairment. Collaborating with families, colleagues and external partners to enhance activity provision. Embedding safe practice and risk management across care-based activity. Promoting equality, inclusion and dignity through daily engagement. Using digital systems and data to record progress and outcomes. Reflecting on personal and professional development to continually improve the quality of care.
Suggested projects/activities (to generate high quality evidence for EPA)	<ul style="list-style-type: none"> Developing an activity plan to increase resident participation and wellbeing. Creating an inclusive movement session adapted for mobility or cognitive needs. Introducing a new wellbeing initiative linked to falls prevention or confidence building. Evaluating resident outcomes from participation and presenting findings to senior staff. Coordinating a partnership activity (e.g., local school, community group or visiting volunteers).
Qualifications, certificates and training delivered	<ul style="list-style-type: none"> Level 2 Care Activator Coach Apprenticeship Standard Skills Festival Days and added-value CPD such as: <ul style="list-style-type: none"> Dementia Awareness and Communication Falls Prevention and Safe Movement Inclusive Practice and Behaviour Management Promoting Wellbeing Through Activity Digital Skills in Health and Care Personal Development and Employability Skills
End Point Assessment (EPA)	<p>Candidates will demonstrate occupational competence through a structured End-Point Assessment conducted by an independent organisation.</p> <p>This will take approximately 2 months (maximum 6 months) and includes::</p> <ul style="list-style-type: none"> Practical Observation with Questioning – delivery of a wellbeing or activity session. Professional Discussion underpinned by a portfolio of evidence. <p>Each component is equally weighted and contributes to the overall grade – Fail, Pass, Distinction.</p>

Professional recognition	<p>Completion of this apprenticeship supports alignment with:</p> <ul style="list-style-type: none"> Skills for Care occupational standards. Care Certificate Standards (cross-mapped). Potential progression to Level 3 Adult Care Worker or Level 3 Community Sport and Health Officer.
Training model	<p>This apprenticeship training programme includes a structured timetable of provision incorporating:</p> <ul style="list-style-type: none"> Group tutor sessions and live online masterclasses. Regional Skills Festival days (half-termly). Digital learning and resources through Aspire:Ed. 1:1 Skills Coach progress reviews every 10 weeks. Individualised support sessions as required. Work-based observation and applied learning tasks.



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