



Community Sport & Health Officer

Fact Sheet

Apprenticeship Standard	Level 3 Community Sport & Health Officer Apprenticeship
Duration of training	16 months (including 2 months for End-Point Assessment)
Apprenticeship overview	<p>The CSHO apprentice has an important role to play in improving the health and wellbeing of children, families and communities by delivering fun, inclusive and engaging activities that help to bring about a change in physical activity habits. The role involves the individual delivering provision, identifying future projects and implementing them throughout the apprenticeship.</p> <p>Apprentices will engage with training that will develop and enhance their sports development and coaching skills and equip them to work in a variety of environments, with a range of stakeholders and work effectively in partnership with other organisations. In addition to this, the apprentices will receive support to understand external funding streams for projects within their organisation and the local community.</p>
Nature of job role relevant to Knowledge, Skills and Behaviours of the apprenticeship	<p>Organisations have personalised their implementation of this programme based on individual needs, resources and demographic, but the CSHO role has generally incorporated:</p> <ul style="list-style-type: none">• Working directly with pupils of all ages• Working collaboratively with a wide range of partner organisations• Planning and delivering programmes of activity for pupils, families and communities• Supporting the delivery of PE lessons to pupils in schools (where relevant)• Delivering an exciting extracurricular sports and activity programme including lunchtime activities in schools/communities/leisure facilities• Delivering holiday activity programmes in school /community venues• Delivering provision to enhance the mental health, self-esteem and wellbeing of service users• Increasing the use of facilities and venues by external stakeholders as a means to generate revenue and community engagement• Supporting/organising community and competitive sports events• Involvement in external bid writing• Conducting stakeholder consultation and evaluative feedback• Working with community organisations to offer projects based on community need• Helping to prevent, minimise and manage anti-social behaviour• Using social media as a mechanism of engagement and celebration of good practice.
Suggested projects/activities (to generate high quality evidence for EPA)	<ul style="list-style-type: none">• HAF/holiday camp funding• Pupil premium funding projects - developing new provision• Sports days• Community events• Extra-curricular club development (using data and demographics)
Qualifications, certificates and training delivered	<ul style="list-style-type: none">• Level 3 Community Sport and Health Officer Apprenticeship• Level 2 Award in Multi-skills Coaching/Development in Sport (optional and subject to a £50 certification fee)• Skills festival days and access to a wide range of added value CPD such as;<ul style="list-style-type: none">• Mental health & physical activity• Practical Coaching• Safeguarding & PREVENT• Behaviour Management• Supporting the PE Curriculum• Personal Development, Career Planning & Employability Skills• Funding Bids & Project Design• Digital Skills• Functional skills in maths and English (where required)

Masterclasses	<ul style="list-style-type: none"> • The fundamental principles of first aid, safeguarding, child protection and working with vulnerable adults in a community sport environment. • The causes, social determinants, and distribution of health inequalities. • Planning, designing, delivering, and evaluating community programmes and national events. • Social barriers and personal motivations of customers to activate local communities. • Community Research Methods • How to work with national governing bodies of sport, county sports partnerships, community organisations, the voluntary sector and sport for development agencies • Initiating meaningful behaviour change based on using a strength and asset-based approach • Making a positive impact - proposal planning • The funding landscape for sport, physical activity, community regeneration, addressing antisocial behaviour and public health including how to write successful funding bids to enable new opportunities to take place in sport and physical activity. • Holding a meeting and presentation skills • Case Study Challenge • Preparing for Success
End Point Assessment (EPA)	<p>Candidates will be required to demonstrate their occupational competency in order to go through gateway to end-point assessment by producing a series of reflective accounts.</p> <p>The end-point assessment process is conducted by an independent organisation, will take a maximum of 2 months and will comprise of the following components:</p> <ul style="list-style-type: none"> • Work based observation • Case study challenge • Presentation with question and answers • Panel interview (underpinned by the reflective accounts) <p>Each component is equally weighted and will contribute to the overall grading of the apprenticeship – Fail, Pass, Distinction.</p>
Professional recognition	<p>Candidates successfully achieving this apprenticeship will be eligible to apply for membership with the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA) as a Practitioner.</p>
Training model	<p>This apprenticeship training programme includes a structured timetable of provision including all the following:</p> <ul style="list-style-type: none"> • Group tutor sessions • Skills festival days • Digital resources • Aspire:Ed online learning platform courses • 1:1 progress reviews • Employer reviews • Work based observations



Aspire Training Solutions, Unit 6, Holly Park, Spitfire Road, Birmingham B24 9PB

aspiretrainingsolutions.co.uk



**Education & Skills
Funding Agency**