

# May Half Term Timetables



Tuesday 26th to  
Friday 29th May



# Tuesday



## Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
8am - 9.30am	Early Drop Off - Free Play	
9.30am - 9.40am	Registration, Rules and Introduction	
9.40am - 10.15am	Warm Up Games	Warm Up Games
10.15am - 10.30am	15 minute break	
10.30am - 11.15pm	Handball	Handball
11.15pm -12pm	Benchball	Benchball
12pm - 1pm	Lunch time and Free Play	
1pm - 1.45pm	Rounders	Rounders
1.45pm - 2pm	15 minute break	
2pm - 2.45pm	Basketball	Basketball
2.45pm - 3.15pm	Netball	Netball
3.15pm - 3.45pm	Group Choice	Group Choice
3.45pm - 4pm	Presentation	
4pm - 6pm	Group Choice	Group Choice

Half Day\* - Morning

Half Day\* - Afternoon

\*Four-year-olds may only attend for four hours

# Wednesday



## Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
8am - 9.30am	Early Drop Off - Free Play	
9.30am - 9.40am	Registration, Rules and Introduction	
9.40am - 10.15am	Warm Up Games	Warm Up Games
10.15am - 10.30am	15 minute break	
10.30am - 11.15pm	Tri Golf	Tri Golf
11.15pm -12pm	Nerf Showdown	Nerf Showdown
12pm - 1pm	Lunch time and Free Play	
1pm - 1.45pm	Tchoukball	Tchoukball
1.45pm - 2pm	15 minute break	
2pm - 2.45pm	Dodgeball	Dodgeball
2.45pm - 3.15pm	Basketball	Basketball
3.15pm - 3.45pm	Group Choice	Group Choice
3.45pm - 4pm	Presentation	
4pm - 6pm	Group Choice	Group Choice

Half Day\* - Morning

Half Day\* - Afternoon

\*Four-year-olds may only attend for four hours

# Thursday



## Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
8am - 9.30am	Early Drop Off - Free Play	
9.30am - 9.40am	Registration, Rules and Introduction	
9.40am - 10.15am	Warm Up Games	Warm Up Games
10.15am - 10.30am	15 minute break	
10.30am - 11.15pm	Hoop Ball	Hoop Ball
11.15pm -12pm	Cricket	Cricket
12pm - 1pm	Lunch time and Free Play	
1pm - 1.45pm	Danish Longball	Danish Longball
1.45pm - 2pm	15 minute break	
2pm - 2.45pm	Football	Football
2.45pm - 3.15pm	Frisbee	Frisbee
3.15pm - 3.45pm	Group Choice	Group Choice
3.45pm - 4pm	Presentation	
4pm - 6pm	Group Choice	Group Choice

Half Day\* - Morning

Half Day\* - Afternoon

\*Four-year-olds may only attend for four hours

# Friday



## Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
8am - 9.30am	Early Drop Off - Free Play	
9.30am - 9.40am	Registration, Rules and Introduction	
9.40am - 10.15am	Warm Up Games	Warm Up Games
10.15am - 10.30am	15 minute break	
10.30am - 11.15pm	Dodgeball	Dodgeball
11.15pm -12pm	Volleyball	Volleyball
12pm - 1pm	Lunch time and Free Play	
1pm - 1.45pm	Aspire's Got Talent	Aspire's Got Talent
1.45pm - 2pm	15 minute break	
2pm - 2.45pm	Aspire's Got Talent	Aspire's Got Talent
2.45pm - 3.15pm	Aspire's Got Talent	Aspire's Got Talent
3.15pm - 3.45pm	Group Choice	Group Choice
3.45pm - 4pm	Presentation	
4pm - 6pm	Group Choice	Group Choice

Half Day\* - Morning

Half Day\* - Afternoon

\*Four-year-olds may only attend for four hours