

Easter Holiday Timetables



WEEK ONE

Bromsgrove



Monday



Multi Sports Academy Schedule

Session		5-7 year olds	8+ year olds
Half Day* - Morning	8am - 9.30am	Early Drop Off - Free Play	
	9.30am - 9.40am	Registration, Rules and Introduction	
	9.40am - 10.15am	Warm up Games	Warm up Games
	10.15am - 10.30am	15 minute break	
	10.30am - 11.15pm	Danish Longball	Danish Longball
Half Day* - Afternoon	11.15pm -12pm	Tri Golf	Tri Golf
	12pm - 1pm	Lunch time and Free Play	
	1pm - 1.45pm	Basketball	Basketball
	1.45pm - 2pm	15 minute break	
	2pm - 2.45pm	Hoop Ball	Hoop Ball
	2.45pm - 3.15pm	Tchoukball	Tchoukball
	3.15pm - 3.45pm	Dodgeball	Dodgeball
	3.45pm - 4pm	Presentation	
	4pm - 6pm	Group Choice	Group Choice

*Four-year-olds may only attend for four hours

Tuesday



Multi Sports Academy Schedule

Half Day* – Morning	Session	5–7 year olds	8+ year olds
	8am - 9.30am	Early Drop Off – Free Play	
	9.30am - 9.40am	Registration, Rules and Introduction	
	9.40am - 10.15am	Warm up Games	Warm up Games
	10.15am - 10.30am	15 minute break	
	10.30am - 11.15pm	Athletics	Athletics
	11.15pm -12pm	Ultimate Frisbee	Ultimate Frisbee
	12pm - 1pm	Lunch time and Free Play	
	1pm - 1.45pm	Golden Balls	Golden Balls
	1.45pm - 2pm	15 minute break	
	2pm - 2.45pm	Netball	Netball
	2.45pm - 3.15pm	Volleyball	Volleyball
	3.15pm - 3.45pm	Tag Rugby	Tag Rugby
	3.45pm - 4pm	Presentation	
	4pm - 6pm	Group Choice	Group Choice
Half Day* – Afternoon			

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Wednesday



Multi Sports Academy Schedule

Session		5-7 year olds	8+ year olds
Half Day* - Morning	8am - 9.30am	Early Drop Off - Free Play	
	9.30am - 9.40am	Registration, Rules and Introduction	
	9.40am - 10.15am	Warm up Games	Warm up Games
	10.15am - 10.30am	15 minute break	
	10.30am - 11.15pm	Inflatable	Inflatable
	11.15pm -12pm	Nerf Showdown	Nerf Showdown
Half Day* - Afternoon	12pm - 1pm	Lunch time and Free Play	
	1pm - 1.45pm	Handball	Handball
	1.45pm - 2pm	15 minute break	
	2pm - 2.45pm	Athletics	Athletics
	2.45pm - 3.15pm	Rounders	Rounders
	3.15pm - 3.45pm	Dodgeball	Dodgeball
	3.45pm - 4pm	Presentation	
	4pm - 6pm	Group Choice	Group Choice

*Four-year-olds may only attend for four hours

Thursday



Multi Sports Academy Schedule

Session		5-7 year olds	8+ year olds
Half Day* - Morning	8am - 9.30am	Early Drop Off - Free Play	
	9.30am - 9.40am	Registration, Rules and Introduction	
	9.40am - 10.15am	Warm up Games	Warm up Games
	10.15am - 10.30am	15 minute break	
	10.30am - 11.15pm	Easter Activities	Easter Activities
	11.15pm -12pm	Easter Activities	Easter Activities
Half Day* - Afternoon	12pm - 1pm	Lunch time and Free Play	
	1pm - 1.45pm	Easter Activities	Easter Activities
	1.45pm - 2pm	15 minute break	
	2pm - 2.45pm	Easter Activities	Easter Activities
	2.45pm - 3.15pm	Easter Activities	Easter Activities
	3.15pm - 3.45pm	Easter Activities	Easter Activities
	3.45pm - 4pm	Presentation	
	4pm - 6pm	Group Choice	Group Choice

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WEEK TWO

Bromsgrove



Tuesday



Multi Sports Academy Schedule

	Session	5-7 year olds	8+ year olds
	8am - 9.30am	Early Drop Off - Free Play	
Half Day* - Morning	9.30am - 9.40am	Registration, Rules and Introduction	
	9.40am - 10.15am	Warm up Games	Warm up Games
	10.15am - 10.30am	15 minute break	
	10.30am - 11.15pm	Football	Football
	11.15pm -12pm	Athletics	Athletics
Half Day* - Afternoon	12pm - 1pm	Lunch time and Free Play	
	1pm - 1.45pm	Dodgeball	Dodgeball
	1.45pm - 2pm	15 minute break	
	2pm - 2.45pm	Basketball	Basketball
	2.45pm - 3.15pm	Inflatable	Inflatable
	3.15pm - 3.45pm	Hoop Ball	Hoop Ball
	3.45pm - 4pm	Presentation	
	4pm - 6pm	Group Choice	Group Choice

*Four-year-olds may only attend for four hours

Wednesday



Multi Sports Academy Schedule

Session		5-7 year olds	8+ year olds
Half Day* - Morning	8am - 9.30am	Early Drop Off - Free Play	
	9.30am - 9.40am	Registration, Rules and Introduction	
	9.40am - 10.15am	Warm up Games	Warm up Games
	10.15am - 10.30am	15 minute break	
	10.30am - 11.15pm	Volleyball	Volleyball
Half Day* - Afternoon	11.15pm -12pm	Benchball	Benchball
	12pm - 1pm	Lunch time and Free Play	
	1pm - 1.45pm	Inflatable	Inflatable
	1.45pm - 2pm	15 minute break	
	2pm - 2.45pm	Rounders	Rounders
	2.45pm - 3.15pm	Tchoukball	Tchoukball
	3.15pm - 3.45pm	Netball	Netball
	3.45pm - 4pm	Presentation	
	4pm - 6pm	Group Choice	Group Choice

*Four-year-olds may only attend for four hours

Thursday



Multi Sports Academy Schedule

Session		5-7 year olds	8+ year olds
Half Day* - Morning	8am - 9.30am	Early Drop Off - Free Play	
	9.30am - 9.40am	Registration, Rules and Introduction	
	9.40am - 10.15am	Warm up Games	Warm up Games
	10.15am - 10.30am	15 minute break	
	10.30am - 11.15pm	Inflatable	Inflatable
	11.15pm -12pm	Nerf Showdown	Nerf Showdown
Half Day* - Afternoon	12pm - 1pm	Lunch time and Free Play	
	1pm - 1.45pm	Handball	Handball
	1.45pm - 2pm	15 minute break	
	2pm - 2.45pm	Golden Balls	Golden Balls
	2.45pm - 3.15pm	Danish Longball	Danish Longball
	3.15pm - 3.45pm	Hoop Ball	Hoop Ball
	3.45pm - 4pm	Presentation	
	4pm - 6pm	Group Choice	Group Choice

*Four-year-olds may only attend for four hours

Friday



Multi Sports Academy Schedule

	Session	5-7 year olds	8+ year olds
	8am - 9.30am	Early Drop Off – Free Play	
Half Day* – Morning	9.30am - 9.40am	Registration, Rules and Introduction	
	9.40am - 10.15am	Warm up Games	Warm up Games
	10.15am - 10.30am	15 minute break	
	10.30am - 11.15pm	Powerball	Powerball
	11.15pm -12pm	Colloseum Catch and Dash	Colloseum Catch and Dash
	12pm - 1pm	Lunch time and Free Play	
Half Day* – Afternoon	1pm - 1.45pm	Gladiator Battle	Gladiator Battle
	1.45pm - 2pm	15 minute break	
	2pm - 2.45pm	Run the Gauntlet	Run the Gauntlet
	2.45pm - 3.15pm	Race for Glory	Race for Glory
	3.15pm - 3.45pm	Group Choice	Group Choice
	3.45pm - 4pm	Presentation	
	4pm - 6pm	Group Choice	Group Choice

*Four-year-olds may only attend for four hours