

May Half Term Timetables



Tuesday 26th to
Friday 29th May



Tuesday



Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
8am - 9.30am	Early Drop Off - Free Play	
9.30am - 9.40am	Registration, Rules and Introduction	
9.40am - 10.15am	Warm Up Games	Warm Up Games
10.15am - 10.30am	15 minute break	
10.30am - 11.15pm	Football	Football
11.15pm -12pm	Frisbee	Frisbee
12pm - 1pm	Lunch time and Free Play	
1pm - 1.45pm	Benchball	Benchball
1.45pm - 2pm	15 minute break	
2pm - 2.45pm	Rugby	Rugby
2.45pm - 3.15pm	Golden Balls	Golden Balls
3.15pm - 3.45pm	Group Choice	Group Choice
3.45pm - 4pm	Presentation	

Half Day* - Morning

Half Day* - Afternoon

*Four-year-olds may only attend for four hours

Wednesday



Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
8am - 9.30am	Early Drop Off - Free Play	
9.30am - 9.40am	Registration, Rules and Introduction	
9.40am - 10.15am	Warm Up Games	Warm Up Games
10.15am - 10.30am	15 minute break	
10.30am - 11.15pm	Tchoukball	Tchoukball
11.15pm -12pm	Basketball	Basketball
12pm - 1pm	Lunch time and Free Play	
1pm - 1.45pm	Capture the Flag	Capture the Flag
1.45pm - 2pm	15 minute break	
2pm - 2.45pm	Dodgeball	Dodgeball
2.45pm - 3.15pm	Handball	Handball
3.15pm - 3.45pm	Athletics	Athletics
3.45pm - 4pm	Presentation	

Half Day* - Morning

Half Day* - Afternoon

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Thursday



Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
8am - 9.30am	Early Drop Off - Free Play	
9.30am - 9.40am	Registration, Rules and Introduction	
9.40am - 10.15am	Warm Up Games	Warm Up Games
10.15am - 10.30am	15 minute break	
10.30am - 11.15pm	Cricket	Cricket
11.15pm -12pm	Hoop Ball	Hoop Ball
12pm - 1pm	Lunch time and Free Play	
1pm - 1.45pm	Rounders	Rounders
1.45pm - 2pm	15 minute break	
2pm - 2.45pm	Tri Golf	Tri Golf
2.45pm - 3.15pm	Nerf Showdown	Nerf Showdown
3.15pm - 3.45pm	Group Choice	Group Choice
3.45pm - 4pm	Presentation	

Half Day* - Morning

Half Day* - Afternoon

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Friday



Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
8am - 9.30am	Early Drop Off - Free Play	
9.30am - 9.40am	Registration, Rules and Introduction	
9.40am - 10.15am	Warm Up Games	Warm Up Games
10.15am - 10.30am	15 minute break	
10.30am - 11.15pm	Dodgeball	Dodgeball
11.15pm -12pm	Danish Longball	Danish Longball
12pm - 1pm	Lunch time and Free Play	
1pm - 1.45pm	Aspire's Got Talent	Aspire's Got Talent
1.45pm - 2pm	15 minute break	
2pm - 2.45pm	Aspire's Got Talent	Aspire's Got Talent
2.45pm - 3.15pm	Aspire's Got Talent	Aspire's Got Talent
3.15pm - 3.45pm	Group Choice	Group Choice
3.45pm - 4pm	Presentation	

Half Day* - Morning

Half Day* - Afternoon

*Four-year-olds may only attend for four hours