

Easter Holiday Timetables



WEEK ONE

Sutton Coldfield



Monday



Multi Sports Academy Schedule

Half Day* - Morning

Half Day* - Afternoon

Session	5-7 year olds	8+ year olds
8am - 9.30am	Early Drop Off - Free Play	
9.30am - 9.40am	Registration, Rules and Introduction	
9.40am - 10.15am	Warm up Games	Warm up Games
10.15am - 10.30am	15 minute break	
10.30am - 11.15pm	Dodgeball	Dodgeball
11.15pm -12pm	Danish Longball	Danish Longball
12pm - 1pm	Lunch time and Free Play	
1pm - 1.45pm	Tri-Golf	Tri-Golf
1.45pm - 2pm	15 minute break	
2pm - 2.45pm	Hockey	Hockey
2.45pm - 3.15pm	Golden Balls	Golden Balls
3.15pm - 3.45pm	Handball	Handball
3.45pm - 4pm	Presentation	
4pm - 6pm	Group Choice	Group Choice

*Four-year-olds may only attend for four hours

Tuesday



Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
8am - 9.30am	Early Drop Off - Free Play	
9.30am - 9.40am	Registration, Rules and Introduction	
9.40am - 10.15am	Warm up Games	Warm up Games
10.15am - 10.30am	15 minute break	
10.30am - 11.15pm	Netball	Netball
11.15pm -12pm	Tennis	Tennis
12pm - 1pm	Lunch time and Free Play	
1pm - 1.45pm	Inflatable	Inflatable
1.45pm - 2pm	15 minute break	
2pm - 2.45pm	Ultimate Frisbee	Ultimate Frisbee
2.45pm - 3.15pm	Rounders	Rounders
3.15pm - 3.45pm	Benchball	Benchball
3.45pm - 4pm	Presentation	
4pm - 6pm	Group Choice	Group Choice

*Four-year-olds may only attend for four hours

Wednesday



Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
8am - 9.30am	Early Drop Off - Free Play	
9.30am - 9.40am	Registration, Rules and Introduction	
9.40am - 10.15am	Warm up Games	Warm up Games
10.15am - 10.30am	15 minute break	
10.30am - 11.15pm	Inflatable	Inflatable
11.15pm -12pm	Nerf Showdown	Nerf Showdown
12pm - 1pm	Lunch time and Free Play	
1pm - 1.45pm	Hoop Ball	Hoop Ball
1.45pm - 2pm	15 minute break	
2pm - 2.45pm	Dodgeball	Dodgeball
2.45pm - 3.15pm	Tchoukball	Tchoukball
3.15pm - 3.45pm	Athletics	Athletics
3.45pm - 4pm	Presentation	
4pm - 6pm	Group Choice	Group Choice

Half Day* - Morning

Half Day* - Afternoon

*Four-year-olds may only attend for four hours

Thursday



Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
8am - 9.30am	Early Drop Off - Free Play	
9.30am - 9.40am	Registration, Rules and Introduction	
9.40am - 10.15am	Warm up Games	Warm up Games
10.15am - 10.30am	15 minute break	
10.30am - 11.15pm	Easter Activities	Easter Activities
11.15pm -12pm	Easter Activities	Easter Activities
12pm - 1pm	Lunch time and Free Play	
1pm - 1.45pm	Easter Activities	Easter Activities
1.45pm - 2pm	15 minute break	
2pm - 2.45pm	Easter Activities	Easter Activities
2.45pm - 3.15pm	Easter Activities	Easter Activities
3.15pm - 3.45pm	Easter Activities	Easter Activities
3.45pm - 4pm	Presentation	
4pm - 6pm	Group Choice	Group Choice

Half Day* - Morning

Half Day* - Afternoon

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8am - 9.30am	Early Drop Off - Free Play	
9.30am - 9.40am	Registration, Rules and Introduction	
9.40am - 10.15am	Warm up Games	Warm up Games
10.15am - 10.30am	15 minute break	
10.30am - 11.15pm	Danish Longball	Danish Longball
11.15pm -12pm	Tri Golf	Tri Golf
12pm - 1pm	Lunch time and Free Play	
1pm - 1.45pm	Basketball	Basketball
1.45pm - 2pm	15 minute break	
2pm - 2.45pm	Hoop Ball	Hoop Ball
2.45pm - 3.15pm	Tchoukball	Tchoukball
3.15pm - 3.45pm	Dodgeball	Dodgeball
3.45pm - 4pm	Presentation	
4pm - 6pm	Group Choice	Group Choice

Half Day* - Morning

Half Day* - Afternoon

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Wednesday



Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
8am - 9.30am	Early Drop Off - Free Play	
9.30am - 9.40am	Registration, Rules and Introduction	
9.40am - 10.15am	Warm up Games	Warm up Games
10.15am - 10.30am	15 minute break	
10.30am - 11.15pm	Athletics	Athletics
11.15pm -12pm	Ultimate Frisbee	Ultimate Frisbee
12pm - 1pm	Lunch time and Free Play	
1pm - 1.45pm	Inflatable	Inflatable
1.45pm - 2pm	15 minute break	
2pm - 2.45pm	Golden Balls	Golden Balls
2.45pm - 3.15pm	Volleyball	Volleyball
3.15pm - 3.45pm	Tag Rugby	Tag Rugby
3.45pm - 4pm	Presentation	
4pm - 6pm	Group Choice	Group Choice

Half Day* - Morning

Half Day* - Afternoon

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Multi Sports Academy Schedule

Session	5-7 year olds	8+ year olds
8am - 9.30am	Early Drop Off - Free Play	
9.30am - 9.40am	Registration, Rules and Introduction	
9.40am - 10.15am	Warm up Games	Warm up Games
10.15am - 10.30am	15 minute break	
10.30am - 11.15pm	Inflatable	Inflatable
11.15pm -12pm	Nerf Showdown	Nerf Showdown
12pm - 1pm	Lunch time and Free Play	
1pm - 1.45pm	Handball	Handball
1.45pm - 2pm	15 minute break	
2pm - 2.45pm	Athletics	Athletics
2.45pm - 3.15pm	Rounders	Rounders
3.15pm - 3.45pm	Dodgeball	Dodgeball
3.45pm - 4pm	Presentation	
4pm - 6pm	Group Choice	Group Choice

Half Day* - Morning

Half Day* - Afternoon

*Four-year-olds may only attend for four hours

Friday



Multi Sports Academy Schedule

Half Day* - Morning

Half Day* - Afternoon

Session	5-7 year olds	8+ year olds
8am - 9.30am	Early Drop Off - Free Play	
9.30am - 9.40am	Registration, Rules and Introduction	
9.40am - 10.15am	Warm up Games	Warm up Games
10.15am - 10.30am	15 minute break	
10.30am - 11.15pm	Slaloms and Speedways	Slaloms and Speedways
11.15pm -12pm	Obstacle Course	Obstacle Course
12pm - 1pm	Lunch time and Free Play	
1pm - 1.45pm	Triathlon	Triathlon
1.45pm - 2pm	15 minute break	
2pm - 2.45pm	Slow and Steady	Slow and Steady
2.45pm - 3.15pm	Rolling Challenge Carousel	Rolling Challenge Carousel
3.15pm - 3.45pm	Group Choice	Group Choice
3.45pm - 4pm	Presentation	
4pm - 6pm	Group Choice	Group Choice

*Four-year-olds may only attend for four hours